Key Components of QRTPs

- Family Involvement
- Assessment & Assessor Requirements
- Time Limitations
- Staffing
- Trauma Informed Treatment
- Aftercare
### CARF Alignment with Key Components

<table>
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<tr>
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| For an organization to achieve quality services, the philosophical foundation of child- and family-centered care practices must be demonstrated. Children/youth and families are involved in the design, implementation, delivery, and ongoing evaluation of applicable services offered by the organization. A commitment to quality and the involvement of the persons served span the entire time that they are involved with the organization. | The program continuously conducts assessments or obtains assessment information:  
• That provides the basis for legally required notification.  
• Using valid and reliable assessment tools. Assessments are conducted by qualified personnel who are:  
• Knowledgeable to assess the specific needs of the child/youth served.  
• Trained in the use of applicable tools, tests, or instruments prior to administration. | The program provides treatment services to children/youth for whom there are documented reports of maltreatment, abandonment, absence without leave, or other identified needs, or treatment services to children/youth with identified behavioral needs. Services are provided in a safe and supportive setting and are time limited. The program goal is to reunite the child/youth with the natural family or other permanent placement when in the best interest of the child/youth. In all situations, integration into the community to the greatest degree possible is achieved. |

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CARF Alignment with Key Components

**Staffing**

The organization documents the composition of its workforce, including all human resources involved in the delivery, oversight, and support of the programs/services seeking accreditation. Services are provided by a coordinated team that includes, at a minimum, the following professionals:
- Assigned residential staff members or a plan coordinator.
- A qualified practitioner.
- Providers of appropriate healthcare support services.

The services of each child/youth served are supervised by a qualified practitioner who:
- Provides clinical oversight.
- Directs the individualized plan of care.

**Trauma Informed Care**

The guiding principles include:
- Child/youth and family driven services.
- Promotion of resiliency.
- Cultural and linguistic competence.
- Strengths-based approach.
- Focus on whole person in context of family and community.
- Trauma-informed service model.

The organization provides or arranges for documented, competency-based training to direct service personnel on trauma-informed practices.

**Aftercare**

The program facilitates the transition process, including arrangements for follow-up services and provides information regarding transition criteria and procedures.

The individualized plan is detailed and:
- Specifies the services to be provided by the program.
- Identifies any needs beyond the scope of the program.
- Specifies referrals for additional services.
- Includes the estimated duration of services.