APPENDIX D

Resources

Following are some resources that may be helpful to your organization in implementing or conforming to the CARF standards. Resources are organized by topic and may be relevant to multiple standards.

CARF does not endorse or expect the use of any specific products, companies, or resources. Resources listed are not inclusive of all resources available on a topic and are provided as guidance only.

Resources include references to websites, organizations, and publications. When available, links are provided. Some websites contain multiple helpful resources.

Resources and links may change or be updated periodically. Please visit the CARF website www.carf.org/resources for current resource listings throughout the year.

If you discover a broken link, or would like to submit a resource you feel may be helpful, please submit your feedback for consideration to documents@carf.org.

Accessibility

— Americans with Disabilities Act, U.S. Department of Justice: www.ada.gov


— National Public Website on Assistive Technology: assistivetech.net

— United States Access Board: www.access-board.gov/guidelines-and-standards


— W3C Web Accessibility Initiative: www.w3.org/WAI

[Canada]

— Ontario accessibility laws www.ontario.ca/page/accessibility-laws

Assistive technology

CARF does not endorse specific products or companies. The following list provides links to a variety of technology products and services currently available.

— Michigan Disability Rights Coalition, Michigan Assistive Technology Program: www.mymdrc.org/assistive-tech


— Assistive technology industry associations

**Cancer rehabilitation resources**

CARF acknowledges and thanks Nicole L. Stout, DPT, CLT-LANA, for her contributions to and assistance with identifying resources for this section.


— Functional Assessment of Cancer Therapy: www.facit.org


— Voice and Upper Airway Disorders Special Interest Group, American Speech-Language-Hearing Association: www.asha.org/SIG/03

— American Cancer Society: www.cancer.org

— National Cancer Institute: www.cancer.gov

[Canada]

— Canadian Association of Psychosocial Oncology (CAPO): www.capo.ca
— Cancer Care Ontario: [www.cancercareontario.ca/en](http://www.cancercareontario.ca/en)
— American Society of Clinical Oncology: [www.asco.org](http://www.asco.org)
— Oncology Nursing Society: [www.ons.org](http://www.ons.org)
— Academy of Oncologic Physical Therapy: [www.oncologypyt.org](http://www.oncologypyt.org)
— Wiley Online Library:
— Livestrong: [www.livestrong.org](http://www.livestrong.org)
— American Occupational Therapy Association Cancer EBP Systematic Reviews & Research: [www.aota.org/Practice/Rehabilitation-Disability/Evidence-Based/EBP-Cancer.aspx](http://www.aota.org/Practice/Rehabilitation-Disability/Evidence-Based/EBP-Cancer.aspx)
— Centers for Medicare and Medicaid Innovation (CMMI) Oncology Care Model: [https://innovation.cms.gov/initiatives/oncology-care/](https://innovation.cms.gov/initiatives/oncology-care/)
— American College of Surgeons Cancer Programs: [www.facs.org/quality-programs/cancer](http://www.facs.org/quality-programs/cancer)
— American Association for Cancer Research (AACR): [www.aacr.org](http://www.aacr.org)
— Cancer.net—Patient information from the American Society for Clinical Oncology: [www.cancer.net](http://www.cancer.net)
— National Hospice and Palliative Care Organization: [www.nhpco.org](http://www.nhpco.org)
— National Cancer Institute Designated Cancer Centers: www.cancer.gov/research/nci-role/cancer-centers
— Association of Community Cancer Centers: www.accc-cancer.org

Clinical trials

— Registry and results database of clinical studies, U.S. National Institutes of Health: www.clinicaltrials.gov
— CenterWatch Clinical Trials: www.centerwatch.com
— National Cancer Institute Clinical Trials: www.cancer.gov/about-cancer/treatment/clinical-trials
— Clinical Trial Resources, American Society of Clinical Oncology: www.asco.org/search/site/clinical%20trials
— National Cancer Institute Community Oncology Research Program: www.ncorp.cancer.gov/about/
— Patient Advocate Foundation: www.patientadvocate.org
[Canada]

Complementary health approaches

— National Center for Complementary and Integrative Health (NCCIH): nccih.nih.gov
— NCCIH Clinical Digest for Health Professionals: Mind and Body Approaches for Chronic Pain: https://nccih.nih.gov/health/providers/digest/ChronicPain-mindandbody
This issue summarizes current scientific research about mind and body approaches for chronic pain, including fibromyalgia, headache, osteoarthritis, and low-back pain and includes information for clinicians and people living with chronic pain, such as clinical guidelines, condition descriptions, summaries of current research, and information on clinical trials.
— National Cancer Institute Pain Control: Support for People with Cancer: www.cancer.gov/publications/patient-education/pain-control
— National Institutes of Health Office of Dietary Supplements: ods.od.nih.gov
— American Cancer Society Complementary and Alternative Medicine: www.cancer.org/treatment/treatmentsandsideeffects/complementaryandalternativemedicine/index
— US Food and Drug Administration Dietary Supplements: www.fda.gov/food/dietarysupplements
— Mayo Clinic Integrative Medicine: www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/alternative-medicine/art-20045267

Conceptual framework and terminology for the standards
— World Health Organization: www.who.int
— Towards a Common Language for Functioning, Disability, and Health: www.who.int/classifications/icf/training/icfbeginnersguide.pdf

Corporate compliance
— Office of Inspector General, U.S. Department of Health and Human Services:
  – http://oig.hhs.gov
  – Health Care Fraud Prevention and Enforcement Actions Team (HEAT), comparison of anti-kickback statute and Stark Law https://oig.hhs.gov/compliance/provider-compliance-training/files/StarkandAKSChartHandout508.pdf
    – http://exclusions.oig.hhs.gov/
— System for Award Management (exclusion): www.sam.gov/SAM
— Centers for Medicare and Medicaid Services (CMS):
Outreach and education:
www.cms.gov/Outreach-and-Education/Outreach-and-Education.html

Federal Register (final rulings for regulations): www.federalregister.gov

U.S. Department of Health and Human Services, Office for Civil Rights:
www.hhs.gov/ocr/office/index.html

Health Insurance Portability and Accountability Act (HIPAA):
www.hhs.gov/hipaa/index.html

Health Information Technology for Economic and Clinical Health (HITECH) Act:
www.hhs.gov/ocr/privacy/hipaa/administrative/enforcementrule/hitechenforcementfr.html

U.S. Department of Justice, Civil Right Division, Americans with Disabilities Act (ADA): www.ada.gov

Social Security (Title XIX, grants to states for medical assistance programs):
www.ssa.gov/OP_Home/ssact/title19/1900.htm

Cultural competency, diversity, and inclusion

Professional, educational, and advocacy organizations

Indigenous Cultural Safety Collaborative Learning Series:
www.icscollaborative.com

The Society for Human Resource Management: www.shrm.org

The Seven Dimensions of Culture:
www.mindtools.com/pages/article/seven-dimensions.htm

National Center for Cultural Competence, Georgetown University:
nccc.georgetown.edu

Culture, Language and Health Literacy, Health Resources and Services Administration, U.S. Department of Health and Human Services:
www.hrsa.gov/about/organization/bureaus/ohe/health-literacy/culture-language-and-health-literacy

Think Cultural Health, U.S. Department of Health and Human Services:
www.thinkculturalhealth.hhs.gov

National Institutes of Health Cultural Respect:

A Practical Guide to Implementing the National CLAS Standards: For Racial, Ethnic and Linguistic Minorities, People with Disabilities and Sexual and
Gender Minorities:

[Canada]
— Centres for Learning, Research & Innovation in Long-Term Care; Supporting Diversity and Inclusion: https://clri-ltc.ca/diversity
— LGBT Cultural Competency, U.S. Department of Health and Human Services:
  www.hhs.gov/programs/topic-sites/lgbt/enhanced-resources/competency-training/index.html
— Human Rights Campaign: www.hrc.org/resources
— National Healthcare Quality and Disparities Reports:
  www.ahrq.gov/research/findings/nhqrdr/index.html
— Association of American Medical Colleges—Tool for Assessing Cultural Competence Training (TACCT):
  – www.aamc.org/initiatives/tacct/
  – https://www.aamc.org/media/20841/download
— National Council of Nonprofits Why Diversity, Equity, and Inclusion Matter for Nonprofits:
— The Society for Human Resource Management has information about diversity training on its website at www.shrm.org that might be helpful, including views of disability and its causes, and the influence of culture on service delivery and predicted outcomes.

[Canada]
— Canadian Centre for Diversity and Inclusion: https://ccdi.ca/home

[Canada]
— Cultural Competence A Guide to Organizational Change:
  https://albertahumanrights.ab.ca/Documents/CulturalCompetencyGuide.pdf
[Canada]
— Locking in your Leadership: Toolkit for developing a Diversity and Inclusion Strategy:
https://ccdi.ca/media/1075/20140910-ccdi-report-di-strategy-toolkit.pdf

[Canada]
— University of Alberta Indigenous Canada, a free course that explores Indigenous histories and contemporary issues in Canada:
https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html

Education for persons served, families/support systems, and caregivers

— Find Good Health Information, Medical Library Association:
www.mlanet.org/resources/userguide.html
— American Stroke Association Patient-Focused Rehabilitation and Recovery Resources:
— Next Step in Care: www.nextstepincare.org
— Toolkit: Medication Management, Next Step in Care:
www.nextstepincare.org/providers/toolkit/medication/
— Stroke Connection Magazine, American Stroke Association:
www.stroke.org/stroke-resources/strokesmart-magazine
— Facing Forward: Life After Cancer Treatment:
— Limb Loss Resource Center, Amputee Coalition:
www.amputee-coalition.org/limb-loss-resource-center
— Brain Injury Association of America:
www.biausa.org/brain-injury/community
— Personal Care Manuals and Guides, Shepherd Center:
www.shepherd.org/resources/ebooks
  — Personal Care Manual: Education–The Key to Independence (Spinal Cord Injury)
  — Brain Injury: A Guide for Caregivers
– Living with Stroke: Strategies to Live A Healthy Life
– How to Successfully Hire and Manage a Personal Care Assistant for People with Spinal Cord Injury
– Model Systems Knowledge Translation Center, SCI Factsheets, Personal Care Attendants and Spinal Cord Injury: Personal Care Attendants and Spinal Cord Injury, Model Systems Knowledge Translation Center (MSKTC)

— Heads up, Centers for Disease Control and Prevention: www.cdc.gov/headsup/index.html
— Sexuality after Spinal Cord Injury: www.sexualitysci.org
— Facing Disability for families facing spinal cord injuries: www.facingdisability.com
— Paralyzed Veterans of America Clinical Practice Guidelines & Consumer Guides: www.pva.org/research-resources/publications/

Emergency preparedness education for persons served and other stakeholders

— Disaster Preparedness for People with Disabilities: www.ilru.org/projects/disability911


— Research and Training Center on Independent Living, Emergency Preparedness: https://rtcil.org/emergency-preparedness


— Disability Prepared; Exchanging best practices in disaster planning for people with disability: https://disabilityprepared.ku.edu

— Disasters Happen—Communicate and Be Prepared: https://naricspotlight.wordpress.com/2016/09/05/disasters-happen-communicate-and-be-prepared


— National Resource Center on Advancing Emergency Preparedness for Culturally Diverse Communities, National Resource Center: www.diversitypreparedness.org

— The International Red Cross and Red Crescent Movement: www.icrc.org/en/who-we-are/movement


[Canada]
— Public Safety Canada: www.publicsafety.gc.ca

[Canada]
— Canadian Red Cross: www.redcross.ca

[Canada]
Emergency preparedness, planning, and procedures

- Federal and state/provincial/territorial regulations
- City/municipal and county disaster preparedness groups
- Local Red Cross associations: www.redcross.org
- Emergency Preparedness Requirements for Medicare and Medicaid Participating Providers and Suppliers:
  - https://asprtracie.hhs.gov/cmsrule

— Disaster Preparedness for People with Disabilities: www.ilru.org/projects/disability911


— Public Health Emergency planning for users of electricity powered medical and assistive devices: www.phe.gov/empowermap/Pages/default.aspx


— Homeland Security Active Shooter Preparedness: https://search.dhs.gov/search?query=active+shooter&affiliate=dhs

— Tips for Retaining and Caring for Staff after a Disaster: https://files.asprtracie.hhs.gov/documents/tips-for-retaining-and-caring-for-staff-after-disaster.pdf


[Canada]
— Disaster Recovery Information Exchange: www.drie.org

[Canada]

[Canada]
— Canadian Centre for Occupational Health and Safety: https://ccohs.ca/oshanswers/hsproms/planning.html

[Canada]
— Public Safety Canada: www.publicsafety.gc.ca

[Canada]
— Canadian Red Cross: www.redcross.ca
Evidence-based practice and research

— Professional associations
— National Rehabilitation Information Center: [www.naric.com](http://www.naric.com)
— American Physical Therapy Association Evidence-Based Practice: [www.apta.org/EvidenceResearch/](http://www.apta.org/EvidenceResearch/)
— American Speech-Language-Hearing Association Practice Portal: [www.asha.org/Practice-Portal](http://www.asha.org/Practice-Portal)
— American Occupational Therapy Association Rehabilitation & Disability Evidence-Based Practice Resources: [www.aota.org/Practice/Rehabilitation-Disability/Evidence-Based.aspx](http://www.aota.org/Practice/Rehabilitation-Disability/Evidence-Based.aspx)
— Centers for Disease Control and Prevention:
— Center on Knowledge Translation for Disability and Rehabilitation Research: [www.ktdrr.org](http://www.ktdrr.org)
— Center for International Rehabilitation Research Information and Exchange: [http://cirrie-sphhp.webapps.buffalo.edu](http://http://cirrie-sphhp.webapps.buffalo.edu)
— National Institute for Health and Care Excellence: [www.nice.org.uk/guidance](http://www.nice.org.uk/guidance)
— Clinical Search Engine, Trip: [www.tripdatabase.com](http://www.tripdatabase.com)
— Evidence Based Practice, American Congress of Rehabilitation Medicine: [www.acrm.org/resources](http://www.acrm.org/resources)
— American Heart Association: [www.heart.org/HEARTORG/HealthcareResearch/Healthcare-Research_UCM_001093_SubHomePage.jsp](http://www.heart.org/HEARTORG/HealthcareResearch/Healthcare-Research_UCM_001093_SubHomePage.jsp)
— American Diabetes Association: [www.diabetes.org/research](http://www.diabetes.org/research)
— Evidence-Based Review of Stroke Rehabilitation, Canadian Partnership for Stroke Recovery: www.ebrsr.com
— Practice Resources, Academy of Neurologic Physical Therapy: http://www.neuropt.org/professional-resources/evidence-based-neurologic-practice
— Advances in Clinical Neuroscience and Rehabilitation (ACNR): www.acnr.co.uk
— Quality of Life in Neurological Disorders measurement system: www.healthmeasures.net/explore-measurement-systems/neuro-qol
— The Center for Outcome Measurement in Brain Injury (COMBI): www.tbims.org/combi
— ACRM Cognitive Rehabilitation Manual; Translating Evidence-Based Recommendations into Practice: https://acrm.org/publications/cognitive-rehab-manual
— Spinal Cord Outcomes Partnership Endeavor: http://scope-sci.org
— Aging with a Traumatic Brain Injury:
  – TBI in Older Adults: A Growing Epidemic: www.psychiatrictimes.com/special-reports/tbi-older-adults-growing-epidemic


[Canada]

— Canadian Agency for Drugs and Technologies in Health: https://cadth.ca/evidence-bundles-view

[Canada]

— Canadian Stroke Best Practices: https://www.strokebestpractices.ca/

**Health literacy**

— Health Literacy Out Loud: www.healthliteracyoutloud.com

— Shirley Ryan AbilityLab Health Literacy: www.sralab.org/lifecenter/resources/health-literacy-using-plain-language-health-communications


— Center for Plain Language: www.centerforplainlanguage.org


Plain Language Action and Information Network: https://plainlanguage.gov/guidelines/

Towards a Common Language for Functioning, Disability and Health (ICF): www.who.int/classifications/icf/training/icfbeginnersguide.pdf

World Health Organization Principle: Understandable: www.who.int/about/communications/understandable/plain-language


Language Portal of Canada: www.noslangues-ourlanguages.gc.ca

Canada Public Health Association: www.cpha.ca/search/node?keys=health+literacy

Literacy and Clear Language, Decoda Literacy Solutions: www.decod.ca/resources

ABC Life Literacy Canada: https://abclifeliteracy.ca

LiteracyBC: https://www.literacybc.ca/

Home care

National Association for Home Care and Hospice: www.nahc.org

Canadian Home Care Association: www.cdnhomecare.ca
Infection control

— Centers for Disease Control and Prevention Infection Control: www.cdc.gov/infectioncontrol/index.html
— Association for Professionals in Infection Control and Epidemiology: www.apic.org
— Occupational Safety and Health Administration Infectious Diseases: www.osha.gov/SLTC/healthcarefacilities/infectious_diseases.html
— Infection Prevention and Control Canada: https://ipac-canada.org/
— State/provincial or other jurisdictional departments of health outbreak manuals

Resources specific to hand hygiene include:

— Infection Prevention and You: http://professionalssite.apic.org
— Centers for Disease Control and Prevention Hand Hygiene in Healthcare Settings: www.cdc.gov/handhygiene/index.html

Information and communication technologies

— American Telemedicine Association: www.americantelemed.org
— VA Telehealth Services: www.telehealth.va.gov
— Center for Connected Health Policy National Telehealth Policy Resource Center: http://cchpca.org
Interdisciplinary pain rehabilitation


— Tapering Long-Term Opioid Therapy: https://www.aafp.org/afp/2020/0101/p49.html#:~:text=The%20standard%20recommendation%20to%20decrease,the%20end%20of%20the%20taper


— Opioid Use Factsheets from Model Systems Knowledge Translation Center (MSKTC):
  
  — Outpatient Opioid Management for Adult Burn Survivors: Update for Community Providers provides information about opioid management
for adults after they have been discharged from a hospital for treatment of acute burn injury:


– Opioids and Your Health explains how opioids can affect one’s health after a spinal cord injury, including what to watch out for when taking opioids:


– Prescription Drug Monitoring Program Training and Technical Assistance Center: www.pdmpassist.org

– Psychotherapeutic interventions for chronic pain: Evidence, rationale, and advantages:


**Medication**

– Safe disposal of medications:

www.fda.gov/drugs/ensuring-safe-use-medicine/safe-disposal-medicines

– Dispose My Meds: www.disposemys meds.org

– Prescription Drug Monitoring Program Training and Technical Assistance Center: www.pdmpassist.org

– Risk Assessment: Safe Opioid Prescribing Tools:


– Outpatient Opioid Management for Adult Burn Survivors: Update for Community Providers provides information about opioid management for adults after they have been discharged from a hospital for treatment of acute burn injury:


– *Opioids and Your Health* explains how opioids can affect one’s health after a spinal cord injury, including what to watch out for when taking opioids:


**Peer support services and training for peer supporters**

– Amputee Coalition Certified Peer Visitor (CPV) program:

www.amputee-coalition.org/support-groups-peer-support/certified-peer-visitor-program
— Christopher and Dana Reeve Foundation: www.christopherreeve.org
— Hanger Clinic Amputee Support Group and Resource Center: www.hangerclinic.com/new-patient/ampower/Pages/Peer-Support.aspx
— United Spinal Association Peer Mentoring: https://unitedspinal.org/peer-mentoring
— Back Up Trust.org: www.backuptrust.org.uk/mentor
— Spinalpedia https://spinalpedia.com
— The Brain Injury Peer Visitor Association: www.braininjurypeervisitor.org
— Families facing spinal cord injuries: https://facingdisability.com

Performance measurement, management, and improvement

— Rehabilitation Measures Database: www.sralab.org/rehabilitation-measures/database
— Agency for Healthcare Rehabilitation and Quality: www.ahrq.gov
— American Hospital Association Committee on Performance Improvement: www.aha.org/about/org/cpi.shtml
— Health Measures, NIH (National Institute of Health) Toolbox: www.healthmeasures.net/explore-measurement-systems/nih-toolbox

Person-centered care

Institute for Patient- and Family-Centered Care: www.ipfcc.org/about/pfcc.html

National Center on Advancing Person-Centered Practices and Systems: https://ncapps.acl.gov

Personal health information systems and tools

CARF does not endorse or expect the use of specific products. The following list provides links to a variety of tools currently available.

— Building Your Care Notebook, National Resource Center For Patient/Family-Centered Medical Home: https://medicalhomeinfo.aap.org/tools-resources/Pages/For%20Families.aspx

— NoMoreClipboard.com: www.nomoreclipboard.com

— Your Family Member’s Personal Health Record, Next Step in Care: www.nextstepincare.org/caregiver_home/Personal_Health_Record


Protection and advocacy

— National Disability Rights Network: www.ndrn.org

Setting boundaries


— Canadian Physiotherapy Association Ethics and Professionalism Toolkit: https://physiotherapy.ca/ethics-and-professionalism-toolkit
Skin integrity and wound care

— American Board of Wound Management: www.abwmcertified.org

— Registered Nurses’ Association of Ontario: rnao.ca/bpg/guidelines/pressure-injuries

— Evidence-Based Approach to Advanced Wound Care Products: www.ncbi.nlm.nih.gov/pubmed/26429618

— European Pressure Ulcer Advisory Panel: www.epuap.org

— National Pressure Injury Advisory Panel: www.npuap.org


— Wounds a Compendium of Clinical Research and Practice: www.woundsresearch.com/node

— Wounds International: www.woundsinternational.com

— Association for the Advancement of Wound Care: aawconline.org

— Braden Scale for Predicting Pressure Sore Risk: www.bradenscale.com/images/bradenscale.pdf

— United Spinal Association Skin and Wound Care Resources: www.unitedspinal.org/disability-products-services/skin-wound-care

Social determinants of health

— World Health Organization Social Determinants of Health: www.who.int/social_determinants/en

— Healthy People Social Determinants of Health: www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health

— Centers for Disease Control and Prevention Social Determinants of Health: Know What Affects Health: www.cdc.gov/socialdeterminants/index.htm

— Centers for Disease Control and Prevention Data and Benchmarks: www.cdc.gov/publichealthgateway/cha/data.html


Social media

— CDC Social Media Tools, Guidelines & Best Practices, Centers for Disease Control and Prevention:
  www.cdc.gov/SocialMedia/Tools/guidelines/?s_cid=tw_eh_78

Suicide prevention training

— Suicide Prevention Resource Center—Assessing and Managing Suicide Risk:
  www.sprc.org/training-institute/amsr
— LivingWorks SAFETALK: www.livingworks.net/programs/safetalk
— QPR Institute: www.qprinstitute.com
— LivingWorks ASIST: www.livingworks.net/programs/asist
— Zero Suicide Toolkit: http://zerosuicide.sprc.org/toolkit
— American Foundation for Suicide Prevention: www.afsp.org
— Suicide Awareness Voices of Education: www.save.org
— The Linehan Institute Behavioral Tech: https://behavioraltech.org
— OnlineCE: www.chirocredit.com
— Health Professionals Training in Suicide Assessment, Treatment, and Management:

Technology

— International Organization for Standardization—ISO/IEC 27000 Family—Information Security Management:
  www.iso.org/isoiec-27001-information-security.html
— Healthcare Information and Management Systems Society: www.himss.org
— National Institute of Standards and Technology (NIST):
  https://csrc.nist.gov/publications/sp
— SysAdmin, Audit, Network, Security (SANS) Institute Information Security Templates: www.sans.org/security-resources/policies
— National Cybersecurity & Communications Integration Center (NCCIC):
  www.dhs.gov/national-cybersecurity-and-communications-integration-center
— U.S. Department of Health and Human Services CyberSecurity Awareness Training:
  www.hhs.gov/sites/default/files/fy18-cybersecurityawarenessstraining.pdf

Value-based healthcare

— Defining and Implementing Value-Based Health Care: A Strategic Framework: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7185050/

Wellness

— International Council on Active Aging: www.icaa.cc
— National Wellness Institute: www.nationalwellness.org
— Healthy Aging and Physical Disability: http://agerrtc.washington.edu/info/factsheets/exercise
— Model Systems knowledge Translation Center Exercise after SCI: https://msktc.org/sci/slideshows/exercise-after-sci

Workforce planning

— Society for Human Resource Management: www.shrm.org
— HR Business and Legal Resources: https://hr.blr.com
— Association for Talent Development: www.td.org
— O*Net Online: www.onetonline.org

[Canada]
— Job Bank Employer Resources (Government of Canada): www.jobbank.gc.ca/content_pieces-eng.do?cid=3264#HR_needs

[Canada]