APPENDIX D

Resources

Following are some resources that may be helpful to your organization in implementing or conforming to the CARF standards. Resources are organized by topic and may be relevant to multiple standards.

CARF does not endorse or expect the use of any specific products, companies, or resources. Resources listed are not inclusive of all resources available on a topic and are provided as guidance only.

Resources include references to websites, organizations, and publications. When available, links are provided. Some websites contain multiple helpful resources.

Resources and links may change or be updated periodically. Please visit the CARF website www.carf.org/resources for current resource listings throughout the year.

If you discover a broken link, or would like to submit a resource you feel may be helpful, please submit your feedback for consideration to documents@carf.org.

Accessibility

— Americans with Disabilities Act, U.S. Department of Justice www.ada.gov
— National Public Website on Assistive Technology assistivetech.net
— United States Access Board www.access-board.gov/guidelines-and-standards
— Voting, U.S. Department of Justice www.justice.gov/crt/about/vot
— World Wide Web Consortium Web Accessibility Initiative www.w3.org/WAI

[Canada]
— Ontario accessibility laws www.ontario.ca/page/accessibility-laws

Assistive technology

CARF does not endorse specific products or companies. The following list provides links to a variety of technology products and services currently available.

— Michigan Disability Rights Coalition, Michigan Assistive Technology Program www.mymdrc.org/assistive-tech
— Training Assistive Technology in the Environment (TATE), Center on Brain Injury Research and Training
— Rehabilitation Engineering and Assistive Technology Society of North America (RESNA) www.resna.org/about/consumer-and-public-information
— Assistive technology industry associations

Cancer rehabilitation resources
CARF acknowledges and thanks Nicole L. Stout, DPT, CLT-LANA, for her contributions to and assistance with identifying resources for this section.


— M.D. Anderson Brief Pain Inventory (BPI)

— M.D. Anderson Symptom Inventory (MDASI)

— M.D. Anderson Brief Fatigue Inventory (BFI)

— Functional Assessment of Cancer Therapy
www.facit.org/FACITOrg/Questionnaires

— Comprehensive Inventory of Functioning-Cancer
www.ncbi.nlm.nih.gov/pubmed/17510584

— Voice and Voice Disorders Special Interest Group, American Speech-Language-Hearing Association www.asha.org/SIG/03

— American Cancer Society www.cancer.org

— American Congress of Rehabilitation Medicine www.acrm.org

— National Cancer Institute www.cancer.gov
— National Academies of Sciences, Engineering, and Medicine:

[Canada]
— Canadian Association of Psychosocial Oncology (CAPO) www.capo.ca

[Canada]
— Cancer Care Ontario www.cancercare.on.ca
— American Society of Clinical Oncology
  – www.asco.org
— National Comprehensive Cancer Network (NCCN) www.nccn.org
— Oncology Nursing Society Putting Evidence into Practice (PEP) www.ons.org/practice-resources/pep
— American Physical Therapy Association, Oncology Section www.oncologypt.org
— Wiley Online Library:
— Livestrong www.livestrong.org
— Cancer Rehabilitation Networking Group—An interdisciplinary cancer rehabilitation network, American Congress of Rehabilitation Medicine www.acrm.org/acrm-communities/cancer
— American Occupational Therapy Association www.aota.org/Practice/Rehabilitation-Disability/Evidence-Based.aspx
— Center for Medicare and Medicaid Innovation (CMMI) https://innovation.cms.gov/initiatives/oncology-care/
— Commission on Cancer www.facs.org/quality-programs/cancer/coc/standards
— American College of Surgeons www.facs.org/quality-programs/cancer
— American Association for Cancer Research (AACR) www.aacr.org
— Cancer.net—Patient information from the American Society for Clinical Oncology www.cancer.net
— National Hospice and Palliative Care Organization www.nhpco.org
— National Cancer Institute Designated Cancer Centers www.cancer.gov/research/nci-role/cancer-centers
— Association of Community Cancer Centers www.accc-cancer.org

Clinical trials
— Stroke Trials Registry, Internet Stroke Center www.strokecenter.org/trials
— CenterWatch Clinical Trials www.centerwatch.com
— National Cancer Institute Clinical Trials www.cancer.gov/about-cancer/treatment/clinical-trials
— American Society of Clinical Oncology www.asco.org/research-progress/clinical-trials/clinical-trial-resources
— National Cancer Institute Community Oncology Research Program www.ncorp.cancer.gov/about/
— Patient Advocate Foundation www.patientadvocate.org

Complementary health approaches
— National Center for Complementary and Integrative Health (NCCIH) nccih.nih.gov
— National Cancer Institute Pain Control: Support for People with Cancer www.cancer.gov/publications/patient-education/pain-control
— National Institutes of Health Office of Dietary Supplements ods.od.nih.gov
— American Cancer Society Complementary and Alternative Medicine www.cancer.org/treatment/treatmentsandsideeffects/complementaryandalternativemedicine/index
— US Food and Drug Administration Dietary Supplements www.fda.gov/food/dietarysupplements
— Mayo Clinic www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/alternative-medicine/art-20045267

[Canada]

Conceptual framework and terminology for the standards
— World Health Organization www.who.int
— Towards a Common Language for Functioning, Disability, and Health www.who.int/classifications/icf/training/icfbeginnersguide.pdf

Corporate compliance
— Office of Inspector General, U.S. Department of Health and Human Services:
  — http://oig.hhs.gov
  — Health Care Fraud Prevention and Enforcement Actions Team (HEAT), comparison of anti-kickback statute and Stark Law https://oig.hhs.gov/compliance/provider-compliance-training/files/StarkandAKSChartHandout508.pdf
  — http://exclusions.oig.hhs.gov/
— System for Award Management (exclusion) www.sam.gov
— Centers for Medicare and Medicaid Services (CMS):
— Outreach and education
  www.cms.gov/Outreach-and-Education/Outreach-and-Education.html
— Federal Register (final rulings for regulations) www.federalregister.gov
— U.S. Department of Health and Human Services, Office for Civil Rights
  www.hhs.gov/ocr/office/index.html
— Health Insurance Portability and Accountability Act (HIPAA)
  www.hhs.gov/hipaa/index.html
— Health Information Technology for Economic and Clinical Health Act
  (HITECH)
  www.hhs.gov/ocr/privacy/hipaa/administrative/enforcementrule/hitechenniferforcementifr.html
— U.S. Department of Justice, Civil Right Division, Americans with Disabilities
  Act (ADA) www.ada.gov/
— Social Security (Title XIX, grants to states for medical assistance programs)
  www.ssa.gov/OP_Home/ssact/title19/1900.htm

Cultural competency and diversity

— Professional, educational, and advocacy organizations
— Indigenous Cultural Safety Collaborative Learning Series
  www.icscollaborative.com
— The Society of Human Resource Management www.shrm.org
— The Seven Dimensions of Culture
  www.mindtools.com/pages/article/seven-dimensions.htm
— National Center for Cultural Competence, Georgetown University
  nccc.georgetown.edu
— Culture, Language and Health Literacy, Health Resources and Services
  Administration, U.S. Department of Health and Human Services
  www.hrsa.gov/culturalcompetence/index.html
— Think Cultural Health, U.S. Department of Health and Human Services
  www.thinkculturalhealth.hhs.gov
— LGBT Cultural Competency, U.S. Department of Health and Human Services
  www.hhs.gov/programs/topic-sites/lgbt/enhanced-resources/competency-training/index.html
— Human Rights Campaign: www.hrc.org/resources
— 2016 National Quality and Disparities Report
  www.ahrq.gov/research/findings/nhqrdr/index.html
— Association of American Medical Colleges—Tool for Assessing Cultural Competence Training (TACCT):
  — www.aamc.org/initiatives/tacct/

**Education for persons served, families/support systems, and caregivers**

— Find Good Health Information, Medical Library Association
  www.mlanet.org/resources/userguide.html
— National Stroke Association Lifelong Education and Advocacy Program
  www.stroke.org/search/node/LEAP
— Next Step in Care www.nextstepincare.org
— Toolkit: Medication Management, Next Step in Care
  www.nextstepincare.org/providers/toolkit/medication/
— National Stroke Association
  www.stroke.org/stroke-resources/resource-library
— StrokeSmart Magazine, National Stroke Association
  www.stroke.org/stroke-resources/strokesmart-magazine
— Facing Forward: Life After Cancer Treatment
— Limb Loss Resource Center, Amputee Coalition
  www.amputee-coalition.org/limb-loss-resource-center
— Brain Injury Association of America
  www.biausa.org/brain-injury-community.htm
— Personal Care Manuals and Guides, Shepherd Center
  www.shepherd.org/resources/ebooks
  — Personal Care Manual: Education—The Key to Independence (Spinal Cord Injury)
  — Living with Stroke: Strategies to Live A Healthy Life Living with Stroke
  — How to Successfully Hire and Manage a Personal Care Assistant for People with Spinal Cord Injury
— Sexuality after Spinal Cord Injury www.sexualitysci.org
— New England SCI Toolkit
www.bu.edu/nerscic/resources/new-england-sci-toolkit/
— Facing Disability for families facing spinal cord injuries
www.facingdisability.com
— Paralyzed Veterans of America Clinical Practice Guidelines & Consumer Guides
www.ahrq.gov/research/findings/nhqrdr/index.html

Emergency preparedness education for persons served and other stakeholders
— Prepare My Family for a Disaster, U.S. Department of Homeland Security
www.dhs.gov/how-do-i/prepare-my-family-disaster
— Inclusive Preparedness Center, Inclusion Research Institute
www.inclusivepreparedness.org
— Occupational Safety and Health Administration, U.S. Department of Labor
www.osha.gov/SLTC/emergencypreparedness/index.html
— Office of Disability Employment Policy, U.S. Department of Labor
www.dol.gov/odep/topics/EmergencyPreparedness.htm
— Emergency Preparedness, Harris Family Center for Disability and Health Policy
hfcdhp.org/products
— disability911: Disaster Preparedness for People with Disabilities
www.ilru.org/projects/disability911
— Disasters and Emergency Management, Disasters U.S.
http://www.disastersrus.org/MyDisasters/disability/disability_preparedness.htm
— Emergency Preparedness, Amputee Coalition of America
— Disability Prepared; Exchanging best practices in disaster planning for people with disability
www.disabilityprepared.ku.edu/~lsiprepared/bestpractice/shelter.shtml
— Apps for enhancing your wireless emergency alert (WEA) access

— When Disaster Strikes-A Pocket Survival Guide, Amputee Coalition of America
www.amputee-coalition.org/resources/when-disaster-strikes/

— Get Ready Quick, Totally Unprepared
www.totallyunprepared.com/get-ready-quick

— National Resource Center on Advancing Emergency Preparedness for Culturally Diverse Communities, National Resource Center
www.diversypreparedness.org

— The International Red Cross and Red Crescent Movement
www.icrc.org/en/who-we-are/movement

[Canada]
— Disaster Recovery Information Exchange www.drie.org

[Canada]
— Public Safety Canada www.publicsafety.gc.ca

[Canada]
— Canadian Red Cross www.redcross.ca

[Canada]
— Get Prepared www.getprepared.gc.ca/

Emergency preparedness, planning, and procedures

— Federal and state/provincial/territorial regulations

— City/municipal and county disaster preparedness groups

— Local Red Cross associations www.redcross.org

— Research and Training Center on Independent Living, Emergency Preparedness www.rtcil.org/emergencypreparedness

www.fema.gov/media-library/assets/documents/25975?id=5697


— Prepare My Family for a Disaster, U.S. Department of Homeland Security
www.dhs.gov/how-do-i/prepare-my-family-disaster
— Inclusive Preparedness Center, Inclusion Research Institute
  www.inclusivepreparedness.org
— Emergency Preparedness and Response, Occupational Safety and Health Administration, U.S. Department of Labor
  www.osha.gov/SLTC/emergencypreparedness/index.html
— Emergency Preparedness, Office of Disability Employment Policy, U.S. Department of Labor
  www.dol.gov/odep/topics/EmergencyPreparedness.htm
— Emergency Preparedness, Harris Family Center for Disability and Health Policy
  hfcdhp.org/products
— Checklist for Integrating People with Disabilities and Others with Access and Functional Needs into Emergency Preparedness, Planning, Response & Recovery, Harris Family Center for Disability and Health Policy, June Isaacson Kailes
  www.jik.com/plancklst.pdf
— Disaster Resources for People with Disabilities and Others with Access and Functional Needs, Emergency Managers & Planners & Disability-focused Organizations, June Isaacson Kailes
  www.jik.com/disaster.html
— disaster 911: Disaster Preparedness for People with Disabilities
  www.ilru.org/projects/disability911/
— Emergency Preparedness, Amputee Coalition of America
— When Disaster Strikes-A Pocket Survival Guide, Amputee Coalition of America
  www.amputee-coalition.org/resources/when-disaster-strikes
— Disasters Happen – Communicate and Be Prepared
  https://naricspotlight.wordpress.com/2016/09/05/disasters-happen-communicate-and-be-prepared/
— Public Health Emergency planning for users of electrical powered medical and assistive devices
  www.phe.gov/empowermap/Pages/default.aspx
— Public Health Emergency planning for active-shooter incidents
— Homeland Security Active Shooter Preparedness
  https://search.dhs.gov/search?query=active+shooter&affiliate=dhs
— Tips for Retaining and Caring for Staff after a Disaster
— After the Disaster: Recovery
https://naricspotlight.wordpress.com/2017/08/28/after-the-disaster-recovery/

[Canada]
— Disaster Recovery Information Exchange www.drie.org

[Canada]
— Public Safety Canada www.publicsafety.gc.ca

[Canada]
— Canadian Red Cross www.redcross.ca

Evidence-based practice and research
— Professional associations
— National Rehabilitation Information Center www.naric.com
— American Physical Therapy Association Evidence-Based Practice & Research www.apta.org/EvidenceResearch/
— American Speech-Language-Hearing Association Practice Portal www.asha.org/Practice-Portal
— American Occupational Therapy Association www.aota.org/Practice/Rehabilitation-Disability/Evidence-Based.aspx
— Centers for Disease Control and Prevention:
  — www.cdc.gov/TraumaticBrainInjury
  — www.cdc.gov/Stroke
— Veterans Health Initiative:
  — www.publichealth.va.gov/vethealthinitiative/spinal_cord.asp
  — www.publichealth.va.gov/vethealthinitiative/traumatic_amputation.asp
— National Center for Dissemination of Disability Research www.ncddr.org
— Center on Knowledge Translation for Disability and Rehabilitation Research www.ktdrr.org
— Rehabilitation Research and Development, U.S. Department of Veterans Affairs www.rehab.research.va.gov
— Center for International Rehabilitation Research Information and Exchange www.cirrie.buffalo.edu
— NHS Evidence www.evidence.nhs.uk
— Spinal Cord Injury Rehabilitation Evidence (SCIRE) [www.scireproject.com](http://www.scireproject.com)
— Spinal Cord Outcomes Partnership Endeavor [www.scopesci.org](http://www.scopesci.org)
— International Campaign for Cures of Spinal Cord Injury Paralysis (ICCP) [www.campaignforcure.org](http://www.campaignforcure.org)

### Health literacy

— Health Literacy Out Loud [www.healthliteracyoutloud.com](http://www.healthliteracyoutloud.com)
— Shirley Ryan AbilityLab Health Literacy [www.sralab.org/lifecenter/resources/health-literacy-using-plain-language-health-communications](http://www.sralab.org/lifecenter/resources/health-literacy-using-plain-language-health-communications)
— Center for Plain Language [www.centerforplainlanguage.org](http://www.centerforplainlanguage.org)
— Health Literacy, National Network of Libraries of Medicine (NNLM) [nnlm.gov/professional-development/topics/health-literacy](http://nnlm.gov/professional-development/topics/health-literacy)
— World Wide Web Consortium Web Accessibility Initiative [www.w3.org/WAI](http://www.w3.org/WAI)
— Plain Language Service Canadian Public Health Association [www.cpha.ca/plain-language-service](http://www.cpha.ca/plain-language-service)
— Literacy and Clear Language, Decoda Literacy Solutions [www.decoda.ca/resources](http://www.decoda.ca/resources)
— ABC Life Literacy Canada https://abclifeliteracy.ca/
— LiteracyBC www.literacybc.ca/PLRC/ResourceCentre.html

**Home care**
— National Association of Home Care and Hospice www.nahc.org
[Canada]
— Canadian Home Care Association www.cdnhomecare.ca

**Infection control**
— State or provincial/territorial departments of health outbreak manuals
— Centers for Disease Control and Prevention www.cdc.gov
— Association for Professionals in Infection Control and Epidemiology www.apic.org
— MRSA Educational Toolkit developed by SCI QUERI www.queri.research.va.gov/tools/sci_mrsa/
[Canada]
— Public Health Agency of Canada www.phac-aspc.gc.ca
[Canada]
— Infection Prevention and Control Canada www.ipac-canada.org
— Infection Prevention and You http://professionals.site.apic.org
— Hand Hygiene in Healthcare Settings www.cdc.gov/handhygiene/index.html

**Information and communication technologies**
— American Telemedicine Association www.americantelemed.org
— VA Telehealth Services www.telehealth.va.gov/real-time
— International Journal of Telerehabilitation telerehab.pitt.edu/ojs/index.php/Telerehab
— Department of Health and Human Services Centers for Medicare & Medicaid Services Telehealth Services
— Center for Connected Health Policy National Telehealth Policy Resource Center http://cchpca.org

[Canada]
— The Canadian Medical Protective Association

Peer support services and training for peer supporters
— Amputee Coalition Certified Peer Visitor (CPV) program
www.amputee-coalition.org/support-groups-peer-support/certified-peer-visitor-program
— Christopher and Dana Reeve Foundation
www.christopherreeve.org/get-involved/become-a-peer-mentor/overview
— Hanger Clinic Amputee Support Group and Resource Center
www.hangerclinic.com/new-patient/ampower/Pages/Peer-Support.aspx
— United Spinal Association
www.spinalcord.org/spinal-network/support-groups/
— Back Up Trust.org www.backuptrust.org.uk/mentor
— Spinalpedia https://spinalpedia.com/index.php
— The Brain Injury Peer Visitor Association www.braininjurypeervisitor.org
— CARF.org www.carf.org/blogpost.aspx?id=25762&blogid=499
— Hanger Clinic Amputee Support Group and Resource Center
www.hanger.com/doing/Pages/aep.aspx
— Families facing spinal cord injuries https://facingdisability.com

Performance measurement, management, and improvement
— Rehabilitation Measures Database
www.sralab.org/rehabilitation-measures/database
— Agency for Healthcare Rehabilitation and Quality www.ahrq.gov
— American Hospital Association Committee on Performance Improvement www.aha.org/about/org/cpi.shtml
— Engaging with Patients and Caregivers about Quality Improvement—A Guide for Health Care Providers
— Health Measures, NIH (National Institute of Health) Toolbox
  www.healthmeasures.net/explore-measurement-systems/.nih-toolbox

**Person-centered care**

— Person-centred care: from ideas to action, The Health Foundation

— Institute for Patient- and Family-Centered Care www.ipfcc.org/about/pfcc.html

**Personal health information systems and tools**

CARF does not endorse or expect the use of specific products. The following list provides links to a variety of tools currently available.

— Emergency Health Information: Savvy Health Care Consumer Series, Harris Family Center for Disability and Health Policy www.hfcdhp.org/products

— Building Your Care Notebook, National Center For Medical Home Implementation www.medicalhomeinfo.org/for_families/care_notebook

— myPHR, American Health Information Management Association www.myphr.com

— NoMoreClipboard.com www.nomoreclipboard.com

— Your Family Member’s Personal Health Record, Next Step in Care www.nextstepincare.org/caregiver_home/Personal_Health_Record


**Protection and advocacy**

— National Disability Rights Network www.ndrn.org

**Skin integrity and wound care**

— American Board of Wound Management www.abwmcertified.org
— Registered Nurses’ Association of Ontario
rnao.ca/bpg/guidelines/pressure-injuries
— Evidence-Based Approach to Advanced Wound Care Products
www.ncbi.nlm.nih.gov/pubmed/26429618
— Pressure Ulcer Prevention and Treatment Following Spinal Cord Injury: A Clinical Practice Guideline for Health-Care Professionals
www.pva.org/media/pdf/CPG_Pressure%20Ulcer.pdf
— European Pressure Ulcer Advisory Panel www.epuap.org
— National Pressure Ulcer Advisory Panel www.npuap.org
— Wound, Ostomy and Continence Nurses Society (WOCN) www.wocn.org
— Wounds a Compendium of Clinical Research and Practice
www.woundsresearch.com/node
— Wounds International www.woundsinternational.com
— Association for the Advancement of Wound Care aawconline.org
— Braden Scale for Predicting Pressure Sore Risk
www.bradenscale.com/images/bradenscale.pdf
— United Spinal Association
www.unitedspinal.org/disability-products-services/skin-wound-care

Social media
— CDC Social Media Tools, Guidelines & Best Practices, Centers for Disease Control and Prevention
www.cdc.gov/SocialMedia/Tools/guidelines/?s_cid=tw_eh_78
— Policy Database, Social Media Governance
http://socialmediagovernance.com/policies/

Suicide prevention training
— Suicide Prevention Resource Center—Assessing and Managing Suicide Risk
www.sprc.org/training-institute/amsr
— SAFETALK www.livingworks.net/programs/safetalk/
— QPR Institute www.qprinstitute.com
— ASIST www.livingworks.net/programs/asist
— Zero Suicide Toolkit http://zerosuicide.sprc.org/toolkit
— American Foundation for Suicide Prevention www.afsp.org
— Suicide Awareness Voices of Education  www.save.org
— The Linehan Institute Behavioral Tech Research  https://behavioraltech.org
— Quantum Units Education  www.QuantumUnitsEd.com
— OnlineCE  www.chirocredit.com
— State Laws: Training for Health Professionals in Suicide Assessment, Treatment, and Management

Technology
— Hot Nonprofit Trends  www.nonprofit.about.com
— International Organization for Standardization—ISO/IEC 27000 family - Information security management systems
www.iso.org/isoiec-27001-information-security.html
— Healthcare Information and Management Systems Society
www.himss.org/library/healthcare-privacy-security
— National Institute of Standards and Technology (NIST)
https://csrc.nist.gov/publications/sp
— SysAdmin, Audit, Network, Security (SANS) Institute Information Security Templates  www.sans.org/security-resources/policies
— National Cybersecurity & Communications Integration Center (NCCIC)
www.dhs.gov/national-cybersecurity-and-communications-integration-center
— U.S. Department of Health and Human Services CyberSecurity Awareness Training document (PDF)
www.hhs.gov/sites/default/files/fy18-cybersecurityawarenessstraining.pdf
— Cyber Security Incident Response Guide (PDF)

Wellness
— International Council on Active Aging  www.icaa.cc
— National Wellness Institute  www.nationalwellness.org
— Wellness Webinar Series, Lifeways Institute on Aging
www.matherlifewaysinstituteonaging.com/category/aging-wellness/
— People with Disabilities: Living Healthy, Centers for Disease Control and Prevention [www.cdc.gov/ncbddd/disabilityandhealth/healthyliving.html](http://www.cdc.gov/ncbddd/disabilityandhealth/healthyliving.html)

### Workforce planning

— Society for Human Resources Management [www.shrm.org](http://www.shrm.org)
— HR Business and Legal Resources [https://hr.blr.com](https://hr.blr.com)
— Association for Talent Development [www.td.org](http://www.td.org)
— O*Net Online [www.onetonline.org](http://www.onetonline.org)

[Canada]

— Jobbank Employer Resources (Government of Canada) [www.jobbank.gc.ca/content_pieces-eng.do?cid=3264#HR_needs](http://www.jobbank.gc.ca/content_pieces-eng.do?cid=3264#HR_needs)

[Canada]