APPENDIX D

Resources

Following are some resources that may be helpful to your organization in implementing or conforming to the CARF standards. Resources are organized by topic and may be relevant to multiple standards.

CARF does not endorse or expect the use of any specific products, companies, or resources. Resources listed are not inclusive of all resources available on a topic and are provided as guidance only.

Resources include references to websites, organizations, and publications. When available, links are provided. Some websites contain multiple helpful resources.

Resources and links may change or be updated periodically. Please visit the CARF website www.carf.org/resources for current resource listings throughout the year.

If you discover a broken link, or would like to submit a resource you feel may be helpful, please submit your feedback for consideration to documents@carf.org.

Accessibility

— Americans with Disabilities Act, U.S. Department of Justice www.ada.gov
— National Public Website on Assistive Technology assistivetech.net
— United States Access Board www.access-board.gov/guidelines-and-standards
— Voting, U.S. Department of Justice www.justice.gov/crt/about/vot
— World Wide Web Consortium Web Accessibility Initiative www.w3.org/WAI

[Canada]
— Ontario accessibility laws www.ontario.ca/page/accessibility-laws

Assistive technology

CARF does not endorse specific products or companies. The following list provides links to a variety of technology products and services currently available.

— Michigan Disability Rights Coalition, Michigan Assistive Technology Program www.mymdrc.org/assistive-tech
— Training Assistive Technology in the Environment (TATE), Center on Brain Injury Research and Training

— Rehabilitation Engineering and Assistive Technology Society of North America (RESNA) www.resna.org/about/consumer-and-public-information

— Assistive technology industry associations

Cancer rehabilitation resources
CARF acknowledges and thanks Nicole L. Stout, DPT, CLT-LANA, for her contributions to and assistance with identifying resources for this section.


— Functional Assessment of Cancer Therapy: www.facit.org/FACITOrg/Questionnaires

— Comprehensive Inventory of Functioning-Cancer: www.ncbi.nlm.nih.gov/pubmed/17510584

— Oncology Section, American Physical Therapy Association www.oncologypt.org

— Voice and Voice Disorders Special Interest Group, American Speech-Language-Hearing Association www.asha.org/SIG/03

— American Cancer Society www.cancer.org

— American Congress of Rehabilitation Medicine www.acrm.org
— American Occupational Therapy Association  
www.aota.org/Practice/Rehabilitation-Disability/Emerging-Niche/Cancer.aspx

— Center for Medicare and Medicaid Innovation (CMMI)  
https://innovation.cms.gov/initiatives/oncology-care/

— Commission on Cancer  
https://www.facs.org/quality-programs/cancer/coc/standards

— American College of Surgeons www.facs.org/search/cancer-program

— American Association for Cancer Research (AACR) www.aacr.org

— Cancer.net—Patient information from the American Society for Clinical Oncology www.cancer.net

— National Hospice and Palliative Care Organization www.nhpco.org

— National Cancer Institute Designated Cancer Centers  
www.cancer.gov/research/nci-role/cancer-centers

— Association of Community Cancer Centers www.aacc-cancer.org

— Archives of Physical Medicine and Rehabilitation—Toward a National Initiative in Cancer Rehabilitation: Recommendations from a Subject Matter Expert Group  

**Clinical trials**

— Registry and results database of clinical studies, U.S. National Institutes of Health  
www.clinicaltrials.gov

— Stroke Trials Registry, Internet Stroke Center, Washington University School of Medicine www.strokecenter.org/trials

— CenterWatch Clinical Trials www.centerwatch.com

— National Cancer Institute Clinical Trials  
www.cancer.gov/about-cancer/treatment/clinical-trials

— American Society of Clinical Oncology  
www.asco.org/research-progress/clinical-trials/clinical-trial-resources

— National Cancer Institute Community Oncology Research Program  
www.ncorp.cancer.gov/about/

— Patient Advocate Foundation www.patientadvocate.org/resources.php?p=42
Complementary health approaches

— National Center for Complementary and Integrative Health (NCCIH) nccih.nih.gov
— National Cancer Institute Pain Control: Support for People with Cancer www.cancer.gov/publications/patient-education/pain-control
— National Institutes of Health Office of Dietary Supplements ods.od.nih.gov
— American Cancer Society Complementary and Alternative Medicine www.cancer.org/treatment/treatmentsandsideeffects/complementaryandalternativemedicine/index
— US Food and Drug Administration Dietary Supplements www.fda.gov/food/dietarysupplements
— Mayo Clinic: www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/alternative-medicine/art-20045267

[Canada]

Conceptual framework and terminology for the standards

— World Health Organization www.who.int
— Towards a Common Language for Functioning, Disability, and Health www.who.int/classifications/icf/training/icfbeginnersguide.pdf

Corporate compliance

— Office of Inspector General, U.S. Department of Health and Human Services:
  – http://oig.hhs.gov
— Health Care Fraud Prevention and Enforcement Actions Team (HEAT), comparison of anti-kickback statute and Stark Law

– http://exclusions.oig.hhs.gov/
  — System for Award Management (exclusion) www.sam.gov/portal/public/SAM/
  — Centers for Medicare and Medicaid Services (CMS):
    – Regulations and guidance
    – Outreach and education
      www.cms.gov/Outreach-and-Education/Outreach-and-Education.html
    – Federal Register (final rulings for regulations) www.federalregister.gov
    – U.S. Department of Health and Human Services, Office for Civil Rights
      www.hhs.gov/ocr/office/index.html
    – Health Insurance Portability and Accountability Act (HIPAA)
      www.hhs.gov/hipaa/index.html
    – Health Information Technology for Economic and Clinical Health Act (HITECH)
      www.hhs.gov/ocr/privacy/hipaa/administrative/enforcementrule/hitechenforcementfr.html
    – U.S. Department of Justice, Civil Right Division, Americans with Disabilities Act (ADA) www.ada.gov/
    – Social Security (Title XIX, grants to states for medical assistance programs)
      www.ssa.gov/OP_Home/ssact/title19/1900.htm

**Cultural competency and diversity**

– Professional, educational, and advocacy organizations
– The Seven Dimensions of Culture
  www.mindtools.com/pages/article/seven-dimensions.htm
– National Center for Cultural Competence, Georgetown University
  nccc.georgetown.edu
– Culture, Language and Health Literacy, Health Resources and Services Administration, U.S. Department of Health and Human Services
  www.hrsa.gov/culturalcompetence/index.html
Education for persons served, families/support systems, and caregivers

— Find Good Health Information, Medical Library Association
  www.mlanet.org/resources/userguide.html
— National Stroke Association Lifelong Education and Advocacy Program
  www.stroke.org/search/node/LEAP
— Next Step in Care www.nextstepincare.org
— Toolkit: Medication Management, Next Step in Care
  www.nextstepincare.org/providers/toolkit/medication/
— National Stroke Association
  www.stroke.org/stroke-resources/resource-library
— StrokeSmart Magazine, National Stroke Association
  www.stroke.org/stroke-resources/strokesmart-magazine
— Facing Forward: Life After Cancer Treatment
— Limb Loss Resource Center, Amputee Coalition
  www.amputee-coalition.org/limb-loss-resource-center
— Brain Injury Association of America
  www.biausa.org/brain-injury-community.htm
— Personal Care Manuals and Guides, Shepherd Center
  www.shepherd.org/resources/ebooks
  — Personal Care Manual: Education—The Key to Independence (Spinal Cord Injury)
  — Living with Stroke: Strategies to Live A Healthy Life Living with Stroke
How to Successfully Hire and Manage a Personal Care Assistant for People with Spinal Cord Injury

Facing Disability for families facing spinal cord injuries
www.facingdisability.com

Paralyzed Veterans of America Clinical Practice Guidelines & Consumer Guides:

Emergency preparedness education for persons served and other stakeholders

Prepare My Family for a Disaster, U.S. Department of Homeland Security
www.dhs.gov/how-do-i/prepare-my-family-disaster

Inclusive Preparedness Center, Inclusion Research Institute
www.inclusivepreparedness.org

Occupational Safety and Health Administration, U.S. Department of Labor
www.osha.gov/SLTC/emergencypreparedness/index.html

Office of Disability Employment Policy, U.S. Department of Labor
www.dol.gov/odep/topics/EmergencyPreparedness.htm


Emergency Preparedness, Harris Family Center for Disability and Health Policy hfcdhp.org/products


disability911: Disaster Preparedness for People with Disabilities www.ilru.org/projects/disability911

Disasters and Emergency Management, Disasters U.S.
http://www.disasterusrus.org/MyDisasters/disability/disability_preparedness.htm


Emergency Preparedness, Amputee Coalition of America

When Disaster Strikes-A Pocket Survival Guide, Amputee Coalition of America
www.amputee-coalition.org/resources/when-disaster-strikes/
— Get Ready Quick, Totally Unprepared
  www.totallyunprepared.com/get-ready-quick
— National Resource Center on Advancing Emergency Preparedness for Culturally Diverse Communities, National Resource Center
  www.diversitypreparedness.org
— The International Red Cross and Red Crescent Movement:
  www.icrc.org/en/who-we-are/movement
[Canada]
— Disaster Recovery Information Exchange www.drie.org
[Canada]
— Public Safety Canada www.publicsafety.gc.ca
[Canada]
— Canadian Red Cross www.redcross.ca
[Canada]
— Get Prepared www.getprepared.gc.ca/

**Emergency preparedness, planning, and procedures**
— Federal and state/provincial/territorial regulations
— City/municipal and county disaster preparedness groups
— Local Red Cross associations www.redcross.org
— Research and Training Center of Independent Living, Emergency Preparedness www.rtcil.org/emergencypreparedness
— Inclusive Preparedness Center, Inclusion Research Institute www.inclusivepreparedness.org

— Emergency Preparedness, Harris Family Center for Disability and Health Policy [hfcdhp.org/products](http://hfcdhp.org/products)


— Public Health Emergency planning for users of electrical powered medical and assistive devices [www.phe.gov/empowermap/Pages/default.aspx](http://www.phe.gov/empowermap/Pages/default.aspx)


[Canada]

— Disaster Recovery Information Exchange [www.drie.org](http://www.drie.org)

[Canada]

— Public Safety Canada [www.publicsafety.gc.ca](http://www.publicsafety.gc.ca)

[Canada]

— Canadian Red Cross [www.redcross.ca](http://www.redcross.ca)
Evidence-based practice and research

— Professional associations
— National Rehabilitation Information Center www.naric.com
— American Physical Therapy Association Hooked on Evidence www.hookedonevidence.com
— American Speech-Language-Hearing Association Practice Portal www.asha.org/Practice-Portal
— American Occupational Therapy Association www.aota.org/Practice/Rehabilitation-Disability/Evidence-Based.aspx
— Centers for Disease Control and Prevention
  — www.cdc.gov/TraumaticBrainInjury
  — www.cdc.gov/Stroke
— Veterans Health Initiative:
  — www.publichealth.va.gov/vehealthinitiative/spinal_cord.asp
  — www.publichealth.va.gov/vehealthinitiative/traumatic_amputation.asp
— National Center for Dissemination of Disability Research www.ncddr.org
— Center on Knowledge Translation for Disability and Rehabilitation Research (KTDRR) www.ktdrr.org
— Rehabilitation Research and Development, U.S. Department of Veterans Affairs www.rehab.research.va.gov
— Center for International Rehabilitation Research Information and Exchange www.cirrie.buffalo.edu
— National Institute for Health and Care Excellence www.nice.org.uk/guidance
— Generalized search for Peer-reviewed articles, books, abstracts and articles www.scholar.google.com
— Clinical Search Engine, Trip www.tripdatabase.com
— Common Data Elements, NINDS, National Institute of Health (NIH) www.commondataelements.ninds.nih.gov
— Evidence Based Practice, American Congress of Rehabilitation Medicine
  www.acrm.org/resources

— American Heart Association
  www.heart.org/HEARTORG/HealthcareResearch/Healthcare-Research_UCM_001093_SubHomePage.jsp

— American Diabetes Association www.diabetes.org

— Clinical Practice Recommendations, American Diabetes Association
  professional.diabetes.org

— Management of Stroke Rehabilitation, U.S. Department of Veterans Affairs
  www.healthquality.va.gov/guidelines/Rehab/stroke/

— Guidelines for the Prevention of Stroke in Patients With Stroke or Transient Ischemic Attack
  stroke.ahajournals.org/content/strokeaha/42/1/227.full.pdf

— Stroke, American Heart Association stroke.ahajournals.org


— Evidence-Based Neurological Practice Neurology Section, American Physical Therapy Association (APTA)
  http://www.neuropt.org/professional-resources/evidence-based-neurologic-practice

— Advances in Clinical Neuroscience and Rehabilitation (ACNR)
  www.acnr.co.uk

— Neuro-QOL, National Institute of Neurological Disorders and Stroke (NINDS)
  www.neuroqol.org


— The Center for Outcome Measurement in Brain Injury (COMBI)
  www.tbims.org/combi


— Spinal Cord Injury Rehabilitation Evidence (SCIRE) www.scireproject.com

— Spinal Cord Outcomes Partnership Endeavor www.scopesci.org

— International Campaign for Cures of Spinal Cord Injury Paralysis (ICCP)
  www.campaignforcure.org
Health literacy

— Health Literacy Out Loud: www.healthliteracyoutloud.com
— Health Literacy Information, Rehabilitation Institute of Chicago
  www.ric.org/research/centers/cror/projects/rrtc/quality/health-literacy
— Health Literacy, Agency for Healthcare Research and Quality, U.S. Department of Health and Human Services
  www.ahrq.gov/health-care-information/topics/topic-health-literacy.html
— Health Literacy: A Toolkit for Communicators, America’s Health Insurance Plans www.ahip.org/HealthLiteracy
— Center for Plain Language www.centerforplainlanguage.org
— Health Literacy, National Network of Libraries of Medicine (NNLM) nnlm.gov/professional-development/topics/health-literacy
— About Health Literacy, Health Resources and Services Administration, U.S. Department of Health and Human Services
  www.hrsa.gov/about/organization/bureaus/ohe/healthliteracy/index.html
— Language Portal of Canada www.noslangues-ourlanguages.gc.ca
— Literacy and Clear Language, Decoda Literacy Solutions www.decoda.ca/resources
— Canadian Literacy and Learning Network
  www.literacy.ca/?q=literacy/clearwriting

Home care

— World Homecare and Hospice Association www.whho.org
— National Association of Home Care and Hospice www.nahc.org
[Canada]
— Canadian Home Care Association www.cdnhomecare.ca
Infection control

— State or provincial/territorial departments of health outbreak manuals
— Centers for Disease Control and Prevention www.cdc.gov
— Association for Professionals in Infection Control and Epidemiology www.apic.org
— MRSA Educational Toolkit developed by SCI QUERI: www.queri.research.va.gov/tools/sci_mrsa/

[Canada]
— Public Health Agency of Canada www.phac-aspc.gc.ca
[Canada]
— Infection Prevention and Control Canada www.ipac-canada.org

Information and communication technologies

— American Telemedicine Association www.americantelemed.org
— VA Telehealth Services www.telehealth.va.gov/real-time
— International Journal of Telerehabilitation telerehab.pitt.edu/ojs/index.php/Telerehab
— U.S. Department of Health and Human Services Health Resources and Services Administration www.hrsa.gov/ruralhealth/telehealth
— Center for Connected Health Policy National Telehealth Policy Resource Center http://cchpca.org

[Canada]
— The Canadian Medical Protective Association:

Peer support services and training for peer supporters

— Amputee Coalition Certified Peer Visitor (CPV) program
www.amputee-coalition.org/support-groups-peer-support/certified-peer-visitor-program
— Christopher and Dana Reeve Foundation
  www.christopherreeve.org/get-involved/become-a-peer-mentor/overview
— Hanger Clinic Amputee Support Group and Resource Center
  www.hangerclinic.com/new-patient/ampower/Pages/Peer-Support.aspx
— United Spinal Association
  www.spinalcord.org/spinal-network/support-groups/
— Apparelyzed—Spinal cord injury peer support www.apparelyzed.com
— Back Up Trust.org www.backuptrust.org.uk/mentor
— Spinalpedia https://spinalpedia.com/index.php
— The Brain Injury Peer Visitor Association www.braininjurypeervisitor.org
— CARF.org www.carf.org/blogpost.aspx?id=25762&blogid=499
— Hanger Clinic Amputee Support Group and Resource Center:
  www.hanger.com/doing/Pages/aep.aspx
— Families facing spinal cord injuries: https://facingdisability.com

Performance Measurement, Management, and Improvement

— Rehabilitation Measures Database:
— Agency for Healthcare Rehabilitation and Quality: www.ahrq.gov
— American Hospital Association Committee on Performance Improvement:
  www.aha.org/about/org/cpi.shtml

Person-centered care

— Person-centred care: from ideas to action, The Health Foundation
— Institute for Patient- and Family-Centered Care:
  www.ipfcc.org/about/pfcc.html

Personal health information systems and tools

CARF does not endorse or expect the use of specific products. The following list provides links to a variety of tools currently available.

— Emergency Health Information: Savvy Health Care Consumer Series, Harris Family Center for Disability and Health Policy www.hfcdhp.org/products
— Building Your Care Notebook, National Center For Medical Home Implementation www.medicalhomeinfo.org/for_families/care_notebook
— myPHR, American Health Information Management Association www.myphr.com
— NoMoreClipboard.com www.nomoreclipboard.com
— Your Family Member’s Personal Health Record, Next Step in Care www.nextstepincare.org/caregiver_home/Personal_Health_Record
— Taking Care of Myself: A Guide for When I Leave the Hospital, Agency for Healthcare Research and Quality, U.S. Department of Health and Human Services:

Protection and advocacy
— National Disability Rights Network www.ndrn.org

Skin integrity and wound care
— American Board of Wound Management: www.abwmcertified.org
— Registered Nurses’ Association of Ontario rnao.ca/bpg/guidelines/pressure-injuries
— Evidence-Based Approach to Advanced Wound Care Products www.ncbi.nlm.nih.gov/pubmed/26429618
— Pressure Ulcer Prevention and Treatment Following Spinal Cord Injury: A Clinical Practice Guideline for Health-Care Professionals www.pva.org/atf/cf/%7BCA2A0FFB-6859-4BC1-BC96-6B57F57F0391%7D/CPG_Pressure%20Ulcer.pdf
— European Pressure Ulcer Advisory Panel www.epuap.org
— National Pressure Ulcer Advisory Panel www.npuap.org
— Wound, Ostomy and Continence Nurses Society (WOCN) www.wocn.org
— Wounds a Compendium of Clinical Research and Practice www.woundsresearch.com/node
— Wounds International www.woundsinternational.com
— Association for the Advancement of Wound Care aawconline.org
— Braden Scale for Predicting Pressure Sore Risk
  www.bradenscale.com/images/bradenscale.pdf
— United Spinal Association www.unitedspinal.org/our-programs

Social media
— CDC Social Media Tools, Guidelines & Best Practices, Centers for Disease
  Control and Prevention
  www.cdc.gov/SocialMedia/Tools/guidelines/?s_cid=tw_eh_78
— Policy Database, Social Media Governance
  www.socialmediagovernance.com/policies.php?f=4

Suicide Prevention Training
— Connect Suicide Prevention/Intervention Training:
  www.theconnectprogram.org
— Suicide Prevention Resource Center—Assessing and Managing Suicide Risk:
  www.sprc.org/training-institute/amsr
— SAFETALK: www.livingworks.net/programs/safetalk/
— QPR Institute: www.qprinstitute.com
— ASIST: www.livingworks.net/programs/asist
— Zero Suicide Toolkit: http://zerosuicide.sprc.org/toolkit
— American Foundation for Suicide Prevention: www.afsp.org
— Suicide Awareness Voices of Education: www.save.org
— The Linehan Institute Behavioral Tech Research:
  http://behavioraltech.org/index.cfm
— Quantum Units Education: www.QuantumUnitsEd.com
— OnlineCE: www.chirocredit.com
— State Laws: Training for Health Professionals in Suicide Assessment, Treatment,
  and Management:
  http://afsp.org/wp-content/uploads/2016/04/Health-Professional-Training-
  Issue-Brief.pdf

Technology plan
— Hot Nonprofit Trends www.nonprofit.about.com
Wellness

— International Council on Active Aging www.icaa.cc
— National Wellness Institute www.nationalwellness.org
— Wellness Webinar Series, Lifeways Institute on Aging
  www.matherlifewaysinstituteonaging.com/senior-living-providers/wellness-webinar-series
— People with Disabilities: Living Healthy, Centers for Disease Control and Prevention
  www.cdc.gov/ncbddd/disabilityandhealth/healthyliving.html
— Healthy Aging and Physical Disability:
  http://agerrtc.washington.edu/info/factsheets/exercise

Workforce planning

— American Hospital Association: The Imperative for Strategic Workforce Planning and Development: Challenges and Opportunities
  www.aha.org/about/cpi/imperative-strategic-workforce-planning.shtml